



Indian Association of Life Skills Education

For Social Scientists, Educationists, Scientists, Practitioners Etc.

International Conference on Life Skills and Well-being of Children and Youth in the Digital World 9-11 February, 2018 Lucknow, India

The world is becoming complex day by day and the complexities of life are making human beings go haywire. In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life. The dramatic changes in global economies over the past few years have been matched with the transformation in technology and these are all impacting education, workplace and our personal life. To cope with the increasing pace and change of modern life, children, youth, adults, leaders, parents, professionals all need new life skills such as the ability to deal with stress and frustration.

Life skills are usually associated with managing and living a better quality of life. They help us to accomplish our ambitions and live to our full potential. Life skills means the everyday skills that people need to live an independent life and the skills that they need to relate to other people. In paying attention to skills learning, it is important that we remember the vital role that life skills play and that we develop them in everyone. Life skills can be defined as those skills that are not related to a certain intellectual or vocational discipline, but it describes the basic competencies for maintaining a fulfilling and independent existence. As the society around us develops, the skills we need to make it through the day also change. This happens with either practical life skills, such as the ability to start a fire – no longer needed – or the more emotional aspect of life skills like the ability to withstand criticism – with social media and new technologies, we are constantly being scrutinised not just by a close circle of family and friends but almost by the whole world.

With the digitalization and technological innovation in the present time, the 21st century world has become more competitive and fast pacing. Technology and digitalization has impacted all spheres of human lives. Hence, life skills become an important requisite to deal with the challenges posed in front of us, the skills we need to deal effectively with the challenges in everyday life, whether at school, at work or in our personal lives. Children and youth who are able to understand and use these skills, along with their educational qualifications, will be better placed to take advantage of educational and employment opportunities. In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life. To cope with the increasing pace and change of modern life, students need new life skills such as the ability to deal with stress and frustration.

In everyday life, the development of life skills help children to find new ways of thinking and problem solving, recognise the impact of their actions and teaches them to take responsibility for what they do rather than blame others, build confidence both in spoken skills and for group collaboration and cooperation, analyse options, make decisions and understand why they make certain choices outside the classroom and develop a greater sense of self-awareness and appreciation for others. There's a lot of research available today pointing towards a mental health crisis with even primary age children. A well put together strategy that promotes wellbeing will serve a vital role. Children need basic skills to compete, but these are definitely not the only



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things. They need life-skills such as the ability to bounce back from disappointments and the ability to work and collaborate with others, to think in an innovative, problem-solving way.

Life Skills Education results in bridging up communication barriers with parents and other adults. It enables young people to handle stressful situations effectively without losing one's temper or becoming moody, learning to disagree politely with use of appropriate "I" messages and making a firm stand on values, beliefs and cultural differences. Assertive skills become important for development of self-esteem and positive attitude. When an individual learns all the basic skills to cope with challenges individuals will feel more confident, motivated, and develop a positive attitude towards life, thus, make more mature and adult like decision, starts taking responsibilities for their actions and in turn refrain from risk taking and risky behaviours and become more useful people for the next generation.

This conference will aim at emphasizing the importance of life skills for the wellbeing of various section of people especially children, youth, women, special people, elderly people, professionals, skilled and unskilled labour etc. Life Skills are the abilities which promote well-being and are essential to managing the challenges individuals meets in their daily life. First of all, the skills an individual need for its well-being is to know, how to live with full sense of satisfaction and happiness and to have a confidence in itself. Secondly, there are the skills an individual needs in order to relate to and live with other people. These could include the ability to communicate effectively with others and the ability to maintain relationships. The third layer of Life Skills are the skills an individual needs in order to live in society, like the ability to make decisions for one's own life and participate in society. The main theme of the International Conference of Indian Association of Life Skills Education (IALSE) is "Life Skills and Well-Being of Children and Youth in the Digital World". The *sub-themes of conference* are as follows:

- 1- **Major Challenges of Life Skills Education in Digital World**
- 2- **Digitalization and Well-being of Children and Youth**
- 3- **Life Skills for Happiness and Well-being of Special Children and Youth, Women and Marginalized Groups**
- 4- **Life Skills and University Level Education**
- 5- **Life Skills for Happiness and Well-being of Specially abled people**
- 6- **Government's Programs and Policies of Life Skills Education**
- 7- **Life Skills and Mental Health**
- 8- **Life Skills for Leisure and Recreation**
- 9- **Life Skills for Peace and Well-being**
- 10- **Psychological, Social, Spiritual and Material well-being and Life Skills**



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Structure of the Conference

The conference will be classified into different sessions as given below for academic, administrative and technical convenience.

- **Inaugural Session**
- **Plenary session**
- **Thematic Sessions**
- **Organized Symposia**
- **Panel Discussion**
- **Poster Presentations**
- **Valedictory Session**

It will discuss the above issues in four plenaries. These are:

Plenary Sessions:

1. **Life skills, Happiness and Well-being of Young People**
2. **Life Skills, Happiness and Well-being of Professional & Entrepreneur**
3. **Happiness and Well-being of Women and Patterns of Life Skills in various Culture**
4. **Digitalization, Life Skills and Well-being**

Proposed Dates of the Conference:

The conference will be held on **9-11 February 2018**.

Organizers of the Conference:

The conference will be organized by the **Indian Association of Life Skill Education**, a registered organization.

Following will be the co-organizers:

1. Sri Jai Narain Post Graduate College, Lucknow
2. The Circle for Child and Youth Research Cooperation in India (CCYRCI), Lucknow

Venue of the Conference:

The venue of the Conference will be **Lucknow**.

Important dates:

- Call for Abstracts starts from **25 September, 2017**
- Call for Abstracts ends on **20 November, 2017**
- Notification of formal acceptance of abstracts by **30 November, 2017**
- Submission of Full paper by **December 31, 2017**
- Registration starts from **November 1, 2017**



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Instructions for Abstract Submissions

- Only English and Hindi language abstracts will be accepted.
- All abstracts (whether English or Hindi) will have to be uploaded in both MS Word and the PDF **format** and should not exceed 300 words otherwise will not be considered.
- Abstracts of 300 words should be sent directly to Convener/ Organizing Secretary of the Conference
- Last date for uploading abstracts will be **November 20, 2017**.
- Abstracts will be selected on the following criteria:
 - a) Connection of the title to the theme of the conference
 - b) Conceptual clarity of the abstract
 - c) Methodological application in the abstract
 - d) Psycho-Sociological and educational relevance of the title of the abstract

Guidelines for Submission of Full Papers

- Follow the mentioned order when typing the manuscript: Title, Authors, Affiliation, Abstract, Keywords, Main Text, Acknowledgements, Appendix and References.
- Abstract should be of 300 words and full paper should not exceed 3000 words
- The manuscript must be typed, 1.5 spaced (single spaced for indented material, notes and reference). Font size of all headings including title should be in 14, Times New Roman and text should be in 12, Times New Roman. Margins must be of 1 inch in all sides. APA format is recommended for reference.

Please Note:

Papers will only be accepted for review on the condition that the manuscript

- has not been copyrighted,
- has not been published,
- has not been presented or accepted for presentation at professional meetings, and
- is not currently under review for presentation at other professional meetings.

A declaration to this effect must accompany the final paper in the format given. Authors must intend to register for, and attend the conference to present the paper if it is accepted. Paper submitters are requested to submit their complete papers by the appropriate deadline and to conform to the format and length requirements. On the basis of peer review, selected papers will be published in the International Journal of Life Skills Education, published by the IALSE. List of accepted abstracts and presentation schedule will be uploaded on the official website of the Conference on **30th November, 2017 and 20th January 2018 respectively**.

Authors of accepted abstracts will be given 15 minutes to present their paper. Some abstracts may be accepted as poster presentations and in this case presentation time will be **5 minutes**. Inquiries regarding abstract submission and acceptance can be made to the Office Secretary of the Conference.